

Young Mugs

Cafe & Restaurant

COFFEE & DRINKS

ALL BOTTLED JUICES \$4
Apple Juice, Orange Juice & Mango Banana Juice

COFFEE	Small	Med	Large
Espresso (Single / Double)	\$3	\$3.50	\$4.50
Long Black	\$3.50	\$4.00	\$4.50
Long Mac Topped up	\$4	\$4.50	\$5.00
Long Mac Traditional	\$4	\$4.50	\$5.00
Flat White	\$3.50	\$4.00	\$4.50
Cappuccino	\$3.50	\$4.00	\$4.50
Mocha	\$3.50	\$4.00	\$4.50
Hot Chocolate	\$3.50	\$4.00	\$4.50
Chai Latte	\$3.50	\$4.00	\$4.50
Short Mac	\$3.50	\$4.00	\$4.50
(Optional: Skim Milk / Soy / Lactose Free) Extra			\$0.50

ICED BEVERAGES \$5.00

(All served ice - cream)
Iced Coffee, Iced Chocolate, Iced Mocha & Iced Latte
Iced Long Black
(3 Shots coffee, water & ice)

MILKSHAKES \$4.50

(Served with ice-cream)
Banana Cool, Chocolate Royal. Spearmint,
Strawberry & Vanilla Surprise

POT TEAS \$4.50

English Breakfast
Chammomile
Green Tea, Earl Grey & Peppermint

CHEF'S RECOMMENDATION
Organic Tea (Hot / Cold), Honey Ginger & Turmeric Lime

Nepalese Mountain Herbal \$5

Masala Tea (Milk / Black)
(Cinnamon, Cloves, Cardamon, Ginger) Organic leaves from Darjeeling

ALL DAY BREAKFAST

Served 6:30 am 2:30 pm

1. PORRIDGE (v) \$7.50

Rolled oats served with varying seasonal fruit, seeds & nuts.
(Granola - add \$ 1.00)

2. HOME MADE GRANOLA (v) \$7.50

Served with fresh, seasonal fruit, natural Greek yoghurt & milk.

3. HELLENIC MUSHROOM \$11.50

(v) (vgo) (gfo) (dfo)
Mixed mushroom, two poached egg, baby spinach, citrus yoghurt
& paprika dressing on your choice of toast (Sautéed kale - add \$ 2,00)

4. MUSHROOM & KALE \$11.50

BRUSCHETTA (v) (vgo) (gfo) (dfo)
Medley mushroom, sautéed kale & cherry tomatoes topped
with delicately flavored bocconcini on your choice of toast.

3. AVOCADO HALOUMI (v) (gfo) \$11.50

Grilled haloumi, fresh avocado, roast tomato, pesto green on
you choice of available toast (Egg(s) - Add \$2.00 / \$ 3.00)

4. MASHED AVOCADO (vgo) (gfo) \$11.50

Smashed avocado, bacon, one poached egg
& accompanied with fresh green salad.



5. AVOCADO CORN FRITTERS (v) \$11.50

Smashed avocado, corn fritters, one poached egg & fresh salad.

6. OMELETTE OF THE DAY (gfo) \$12.50

Please refer to our board for the omelet ingredients
of the day served with fresh salad on your choice of toast.

7. EGGS FLORENTINE (v) (gfo) \$12.50

Poached eggs, fresh baby spinach & hollandaise sauce,
on your choice of available toast.

8. EGGS BENEDICT (gfo) \$13.50

Cured ham, two poached eggs, fresh baby spinach & hollandaise sauce, on
your choice of available toast. (Substitute ham with bacon - Add \$1.00)

9. EGG ROYAL (gfo) \$14.50

Smoked salmon, two poached eggs, fresh baby spinach
& hollandaise sauce, on your choice of toast.

10. YOUNG MUGS CAFÉ BREKKIE \$15.50

Eggs done your way, bacon, chipolata sausage lightly roasted tomato,
sautéed mushrooms & spinach with your choice of toast. (Add side items as listed)

YOUNG MUG'S TOASTIES \$7.50

11. EGG'S ON TOAST
(Eggs done your way on your choice of toast. Add side items as listed below)

12. HAM AND CHEESE TOAST

13. VEGETABLE TOAST

(Cheese, Tomato, Avocado)

ADD ONS:

Egg (poached, fried, scrambled)	\$2.00
Roasted tomato/marinated feta/wilted spinach/kale -	\$2.00
Avocado/hash brown potato/sautéed mushroom -	\$2.00
Bacon/chipolata sausage/smoked salmon -	\$3.00
Lightly grilled chorizo with lemon wedge -	\$3.00

INFORMATION:

(V) - VEGETERIAN

(VG) - VEGAN

(GF) - GLUTEN FREE

(DF) - DAIRY FREE

CHOICE OF YOUR BREADS: Sour dough, gluten free, multigrain whole meal)

KIDS BREKKIE

14. WINTER BRIOCHE \$6.50

(Bacon, banana, poached egg, strawberries, whipped
cream and maple syrup on brioche French toast and kids' juice.)

15. BUTTERMILK PANCAKES \$6.50

(with house made berry compote, strawberries, banana,
whipped cream and maple syrup with kids' juice.)

YOUNG MUGS WRAP'S \$8.50

16. TOMATO RELISH

(scrambled eggs on tortilla bread, bacon, cheese, baby spinach)

17. HOLLANDAISE

(Hollandaise sauce on tortilla bread, 2 fried egg, bacon, cheese and baby spinach)

18. BARBEQUE

(BBQ sauce on tortilla bread, 2 fried egg, bacon, cheese and baby spinach)

19. BREKKY BURGER

(BBQ sauce, bacon, 2 egg, cheese and lettuce in burger bun)

BREAKFAST ROLLS \$7.00

20. THE ORIGINAL

(bacon and egg with mix lettuce.
Choose your sauce: BBQ, tomato, mustard mayo, honey mustard chilli)

21. THE EGGLESS

(bacon, cheese and tomato with mix lettuce.
Choose your sauce: BBQ, tomato, mustard mayo, honey mustard chilli)

22. THE BACONLESS

(egg, cheese and tomato with mix lettuce.
Choose your sauce: BBQ, tomato, mustard mayo, honey mustard chilli)

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LUNCH PANINI ROLL \$10.50

23. THE CONTINENTAL

(3 meats : ham, salami, mortadella. 3 pickle, provolone cheese & rocket.
Choose your sauce: BBQ, mayonnaise, mustard mayo, honey mustard)

24. TUNA MADE

(tuna with pickle, cheese, rocket and balsamic.
Choose your sauce: BBQ, tomato, mustard mayo, honey mustard)

25. THE MEATBALL

(meatballs with nap sauce, parmesan cheese, rocket and chef's secret seasoning)

26. BEEF SANDWICH

(cooked marinated corned beef, swiss cheese, cabbage pickle & gherkins.
Choose your sauce: BBQ, tomato, mustard mayo, honey mustard)

27. PULLED PORK PANINI \$13.50

(pulled pork, confit asparagus, hollandaise, baby spinach
on panini roll served with fresh salad)

28. MEDITERRANEANE STEAK SANDWICH \$13.50

(tender beef steak marinated in Mediterranean flavours
served on a ciabatta roll with side salad)

SALAD

29. MIDDLE EASTERN COUSCOUS (V) (VG) (DF) \$10.50

(pearl couscous, honey pumpkin, roasted red onion, tomato,
cucumber, pistachio herbs yoghurt.)

Add Protein: chicken/smoked salmon/chorizo \$3.00

30. YOUNG MUGS SALAD (V) (VG) (DF) \$11.50

(your choice of protein with roasted beetroot, feta cheese, capers,
sweet balsamic, onion, cherry tomato, rocket, lemon extra virgin oil dressing.)
choose your Protein: chicken/smoked salmon/chorizo

YOUNG MUGS BURGER WITH CHIPS AND SALAD \$12.50

Sauce: mayo and tomato

31. CHICKEN BURGER

32. HAM BURGER

33. PERI-PERI CHICKEN BURGER

34. BARA - PROTEIN BURGER

(variety of lentils mix with chicken mince, fine chopped red onion,
coriander, ginger garlic, green chilli, salt and pepper) with yummy taste.

35. CHICKEN PARMIGIANA WITH CHIPS & SALAD \$12.50

36. FISH AND CHIPS \$12.50

(served with salad and tartare sauce)

NEPALEESE AUTHENTIC MO:MO AND CHOWMEIN

37. VEG/CHICKEN STEAM MO:MO \$10.00 / \$12.00

(traditional Nepalese dumplings served with delicious tomato and ginger chutney)

38. VEG/CHICKEN FRIED MO:MO \$10.00 / \$12.00

(traditional Nepalese fried dumplings served with delicious tomato and ginger chutney)

39. VEG/CHICKEN CHILLI MO:MO \$11.00 / \$13.00

(deep fried dumplings then cooked with capsicum onion and chef's secret sauce)

40. VEG JHOL MO:MO/ \$12/ \$14 / \$16

CHICKEN JHOL MO:MO / CHICKEN
WITH PRAWN JHOL MO:MO

41. VEG/CHICKEN CHOWMEIN \$8.00 / \$10.00

"Nothing is more important than your health."

